

Coaches and Helpers

Code of Conduct



ELGA is committed to safeguarding and promoting the wellbeing of all its gymnasts.

Gymnasts and parents are encouraged to be open at all times and to share any concerns they may have with their child's coach or one of our Safeguarding Officers. It is important that gymnasts, coaches and parents should, respect and understand the safety and welfare of others.

The clubs Codes of Conduct fully adopts Scottish Gymnastics Policies and Procedures.

All coaches, helpers and volunteers working in a regulated role with children must agree to:

- Hold a valid PVG Certificate accessed through Scottish Gymnastics and insurance cover if appropriate.
- Hold a valid relevant safeguarding certificate gained through Scottish Gymnastics
- Hold appropriate and valid qualifications pertaining to the level of gymnastics they are coaching and commit to CPD training to ensure correct and safe practice.
- Abide by Scottish Gymnastics Code of Practice for Coaches and Officials.
- Assume the duty of care for a child, young person or protected adult from the point of receipt at a training session, competition or event to the point of return to their parent, carer or guardian. The duty of care is non-transferable.
- Create and maintain an environment free from fear, harassment or harm and minimise any risk.
- Be fair, honest, and considerate and treat all individuals with respect and dignity.
- Develop an appropriate and professional relationship with gymnasts and parents / carers / guardians based on openness, honesty, mutual trust and respect.
- Respect and champion the rights of every individual to participate in sport.
- Demonstrate proper personal behaviour, conduct and image at all times and be a positive role model.
- Promote that concept of a healthy lifestyle, supporting the well-being of the gymnast both in and out the sport.
- Not engage in or tolerate behaviour that constitutes to any form of abuse, exploitation or harm (physical, sexual, emotional, neglect or bullying) and report any such incidents or suspicions to the club Safeguarding Officer(s).
- Adhere to the club's phone policy
- Adhere to the club's jewellery policy

Updated October 2026